



# ANNUAL REPORT

Dear Friends,

On behalf of the Board of Directors, Thank you for making 2016 another remarkable year for the Community Medical Clinic of Aiken County. Our dedicated staff and volunteers have done an outstanding job at expanding our outreach and providing ongoing quality healthcare to our patients.

We were able to provide services valued at more than \$4 million dollars at no cost to our patients.

A few highlights of what the clinic has done this past year include:

- Helped 557 patients
- Provided over 11,000 prescriptions to our patients
- Hypertensive patients improved from 81.7% to 88.9%
- Diabetic patients improved from 65.4% to 71.8%
- Improvement in compliance from 57.7% to 79.3%
- 55 patients were able to return to work and get insurance

Our ongoing goal is to continue to provide continuity in care and education to our patients to ensure that they have the resources they need to manage their chronic health conditions and get healthier. We want to help our patients reach their health care goals and become able to return to work. The clinic is not a “hand out” but rather a “hand up” for our patients.

We are extremely grateful to our supporters that allow us to provide these much-needed services. The clinic is able to provide these services with the support of the community, United Way of Aiken County, Aiken Regional Medical Center, and all of our wonderful donors and volunteers- including our physicians, pharmacists, and nurses. Our fundraisers also provide funding for our clinic. We look forward to seeing you at “Winter Colony Cup” on January 11, 2018, and “Dinner with Friends en Blanc” on May 6, 2018. Please follow us on Facebook and Instagram, check out our website, [www.cmcaiken.org](http://www.cmcaiken.org), and local media for further information, events, and needs.

Thank you for allowing us to serve Aiken County. We look forward to another great year.

Sincerely,



Jamie Mothkovich  
Executive Director







## 2016 BOARD MEMBERS:

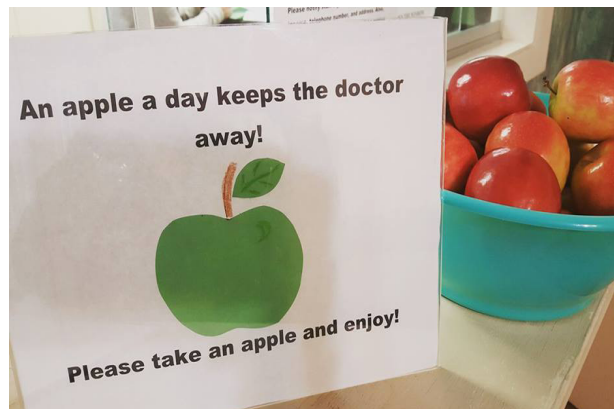
Brohl, Kaye  
 Buchanan, Trip - Secretary  
 Coulter, Brian  
 Elliott, Dan - Vice President  
 Gilbert, Jack  
 Green, Nat  
 Hagan, James  
 Hashmi, Asif  
 Hawkins, Virginia  
 Heaton, Zoom  
 Hosch, Terry  
 Johnson, Todd  
 Jones, Fran  
 Scott, Karen  
 Jordan, Sam  
 Sanito, Nick  
 Shannon, Sue  
 Smith, Virginia Girardeau - Treasurer  
 Teelon, Caroline  
 Yerace, Phyllis - President



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 Community Medical Clinic  
 of Aiken County  
 Aiken Free Clinic





We exist to serve the uninsured in Aiken County, making certain that each and every citizen who walks through our doors receives the quality care he or she deserves.

## MISSION

## FUTURE GOALS

Our goal is to be able to continue to provide quality healthcare to the uninsured residents of Aiken County. We hope to expand our scope of care by acquiring more volunteer doctors and partnering with more specialty physicians so that we are able to offer our patients an affordable option of care for whatever ailment they might face. Our ultimate goal is helping our patients become well enough to return to work.

" At the Community Medical Clinic, we pride ourselves on providing quality healthcare to empower those that are often turned away"  
– CMC Aiken Executive Director, Jamie Mothkovich

## WHO WE HELP?

According to the South Carolina Institute of Medicine and Public Health, **19% of adults** under in the age of 65 in Aiken County are **uninsured**. Many of these patients are unable to afford the medicine to control their chronic conditions and end up getting **fired or laid off** because of medical conditions. The **Community Medical Clinic** is able to get their medical conditions under control so they are able to **return to work**. Many patients come to us without hope, they have given up and we are able to **lift their spirits as well as improve their physical health**.

## CRITERIA TO BECOME A PATIENT:

- 19-64 years of age
- Uninsured
- Resident of Aiken County
- Income at or below 200% Federal Poverty Guidelines
- Suffering from a qualifying chronic medical condition

## QUALIFYING CHRONIC CONDITIONS TREATED AT THE CLINIC:



- High Blood Pressure
- High Cholesterol
- Asthma
- Thyroid Conditions
- Chronic Obstructive Pulmonary Disorder (COPD)
- Diabetes
- Seizures



Patients are screened to obtain medical history and to be sure they meet the criteria. They are then able to receive free medical and pharmaceutical services from our volunteer doctors. (Patients must have one of the qualifying conditions to become a patient at the clinic, but once established additional conditions can be treated. Our care is not solely limited to the qualifying conditions.

The clinic has an in-house pharmacy that has over 94 different stocked medicines. Additional medicines taken by patients are obtained through pharmaceutical company Patient Assistance Programs.

# 2016 NUMBERS:



557

**Patients** cared for at the Community Medical Clinic. We are in a very good place in that we actually have room to recruit additional patients. This year we have made an effort to reach more of the community members in need of our services and continue to recruit new patients.



2,816

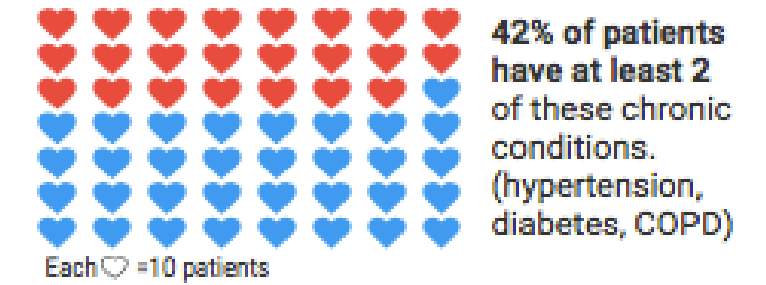
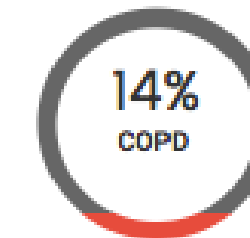
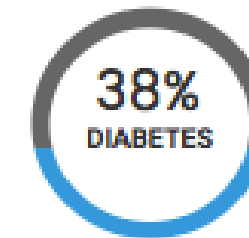
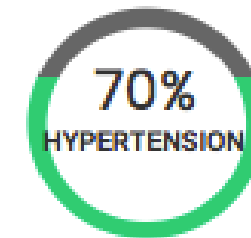
**Office Visits** with our staffed nurse practitioner or one of our volunteer doctors. We have a volunteer MD and urgent care doctor who come to our clinic weekly, as well as a urologist and wound care doctor who comes to see our patients once a month. We also have access to various other specialty doctors that work with our patients to provide services at a price they can afford.



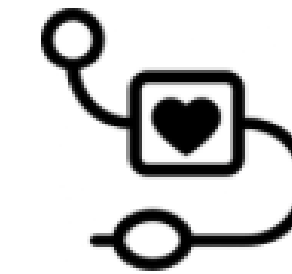
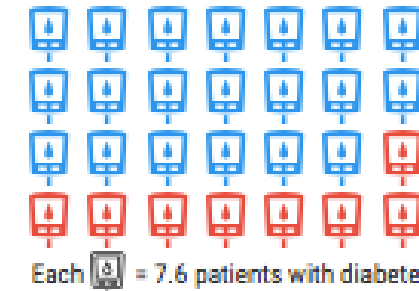
11,387

**Prescriptions Dispensed** from our in-house pharmacy. Thanks to an organization called Dispensary of Hope we are able to stock 94 different medicines to have readily available for our patients. Other medicines we are able to get through various patient assistance programs provided by the various drug companies.

## MEDICAL STATS



71.8% of patients with diabetes improved or remained stable in 2016.

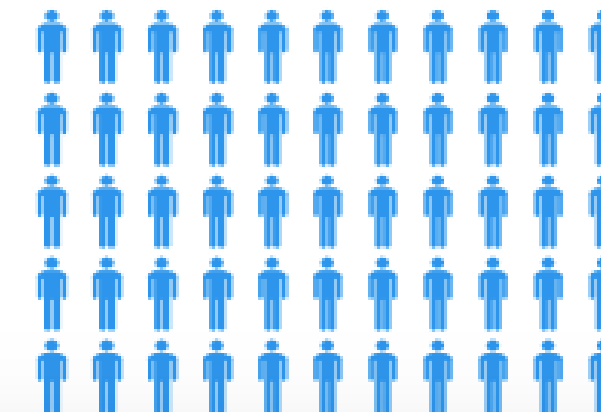


88.9% of patients with hypertension improved or remained stable in 2016.

### PATIENT COMPLIANCE

57.7%	2015
79.3%	2016

Compliance is key to ensuring patient care and improvement. Compliance with patient appointments and medicine pick-up increased 21.6% this past year. This is something we strived to improve and we are very proud of the increase.



**55 patients** were able to get insurance and/or return to work because of the care and help received from the clinic.

# \$4,008,803

Total value of medical services provided in 2016.

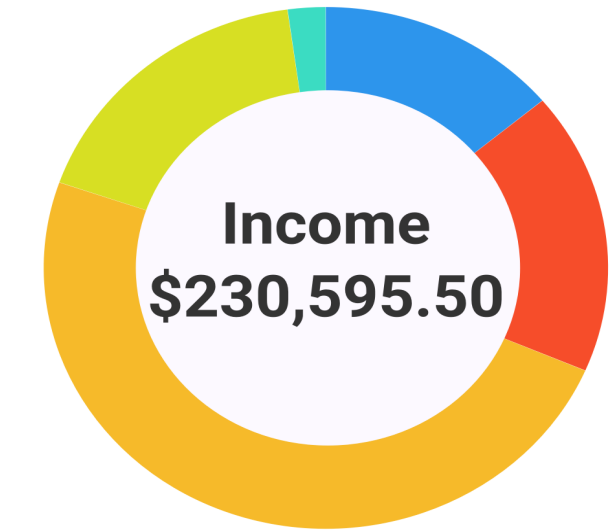
# \$3,164,168

Value of medicines supplied by the clinc in 2016.

**\$1** donated provides **\$18** of medical services.

2016

F I N A N C I A L S



Donations (Individual, Civic Clubs, Churches, Foundations) Fundraisers  
United Way Grants Misc Income



Payroll Medical/Pharmaceutical Supplies Operating Costs  
Office Supplies Permits/Insurance Advertising  
Membership Fees/Continuing Education Event Costs



## SUCCESS STORIES:

### 55 PATIENTS HAVE BEEN ABLE TO IMPROVE THEIR HEALTH AND RETURN TO WORK. THE FOLLOWING IS THE STORY OF ONE OF THOSE PATIENTS.

Susie came to the clinic without much hope. She said she had **GIVEN UP**. We were able to get her health conditions under control and she was promoted to a management position out of state. As she completed her last visit she got emotional and said “**This building has done so much for me this past year.** The **impact** (this clinic) has made on me this year is *unbelievable*. You guys let me know *there is still good in the world*. I almost lost hope and now I am so *excited about life*. I couldn’t have done it without your help. I will continue to pay it forward.”

## PATIENT NOTES:

I just wanted to let you know how much you are all appreciated for every little thing you have done for me. I know how busy you are and treating me like I am your only patient is very comforting, knowing you are just a phone call away.  
I thank you all from the whole of my being.



OUR HAPPIEST PATIENT! HE WANTED TO TAKE THE PICTURE WITH "HIS FAVORITE GIRLS."  
HE ALWAYS ENTERTAINS US.  
WHEN ASKED FOR A QUOTE HE SAID  
**"FLY ME TO THE MOON!"**



"THROUGH YOUR CLINIC, I WAS ABLE TO RECEIVE MEDICAL CARE...THAT SAVED MY LIFE! YOU ARE HELPING PEOPLE AND SAVING LIVES AND I AM FOREVER GRATEFUL FOR EACH ONE OF YOU."

# Thank you!

To our volunteer doctors, pharmacists and nurses. We could not do what we do without you!

We would also like to extend a special thanks the following doctors who have volunteered in the clinic or work with us to create affordable referral options for our patients!



Dr.. Mary Miller

Dr. Grantham

Dr. Dillon

Dr. Pennington

Dr. Arthur

Dr. Stahura

Dr. B. Vaughters

Elizabeth Seal APRN

Dr. Mack

Dr Frei

Dr. Hagan

Dr. Pexa

Dr. Winburn

Dr. Fitch

Dr. Sanito

Dr. Hashmi

WE WOULD LIKE TO EXTEND A SPECIAL THANKS TO  
THEY PROVIDE SO MANY NECESSARY SERVICES AT  
NO COST TO OUR PATIENTS.



People you know. Healthcare you trust.

WE ALSO THANK  
PATIENTS IN 2016.



FOR PROVIDING AND ADMINISTERING 100 FLU SHOTS FOR OUR

## WAYS YOU CAN HELP!

### DONATE

Online, by mail  
or at our events!



The clinic is always in need of monetary  
donations to buy necessary medical  
supplies and services for our patients.  
**\$1 donated = \$18 in medical services.**

### VOLUNTEER

Donate your time as much or as little as you are  
able, we work with your schedule.



### ADMIN & OFFICE HELP

No medical background, that is ok. We  
can always use volunteers to help in vari-  
ous ways around the office.



### PHARMACISTS

We are always in need of pharmacists to  
dispense medicines. We are very flexible  
in this area. It can be as little as an hour a  
month. Whatever works for you!



### REFERRALS

Often times our patients are in need of specialty care. We do not ask  
any doctors provide free services to our patients, but some do offer a  
special rate for a certain number of our patients per month. The doctor  
decides the agreement. Any help is appreciated.

### EVENTS

Attend, volunteer, donate or sponsor our  
events! Check Facebook & our website  
for info and additional upcoming events.



Winter Colony Cup  
January 11, 2018

Dinner with Friends  
May 6, 2018

### NURSES

We have a great need for licensed  
nurses to work up our patients on  
clinic days. This can be as little or  
often as you are able.



### DOCTORS

We would love the opportunity to see  
more patients or to provide specialty  
care to patients. We are open to any  
and all areas of expertise and will  
work according to your availability.



If you are interested in getting involved with the clinic in these or other ways please contact [CMCAiken@gmail.com](mailto:CMCAiken@gmail.com).



