



THE
COMMUNITY
MEDICAL CLINIC
OF AIKEN COUNTY

Improving Quality of Life by Providing Ongoing Healthcare



ANNUAL REPORT

WWW.CMCAIKEN.ORG

Dear Friends,

Thank you for making 2017 another remarkable year for the Community Medical Clinic of Aiken County. Our dedicated staff and volunteers have done an outstanding job at expanding our outreach and providing ongoing quality healthcare to our patients.

We were able to provide services valued over \$6 million dollars at no cost to our patients.

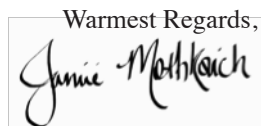
A few highlights of what the clinic has done this past year includes:

- Helped 530 patients
- Provided over 10,000 prescriptions to our patients
- Hypertensive patients improved from 81.7% to 86%
- Diabetic patients improved from 65.4% to 69%
- Improvement in compliance from 57.7% to 81%
- 89 patients able to return to work and get insurance

Our ongoing goal is to continue to provide continuity in care and education to our patients to ensure that they have the resources they need to manage their chronic health conditions and get healthier. We want to help our patients reach their health care goals and become able to return to work. The clinic is the starting point for our patients to get their health back on track.

We are extremely grateful to our supporters that allow us to provide these much needed services. The clinic is able to provide these services with the support of the community, United Way of Aiken County, Aiken Regional Medical Center, and all of our wonderful donors and volunteers- including our physicians, pharmacists, and nurses. Our fundraisers also provide funding for our clinic. We look forward to seeing you at “Trivia Night” on November 15, 2018 and “Dinner with Friends” on May 5, 2019. Please follow us on Facebook, Twitter and Instagram. Also, please check out our website, www.cmcaiken.org, and local media for further information, events, and needs.

Thank you for allowing us to serve Aiken County. We look forward to the opportunity to serve more patients, giving them hope and a hand up.

Warmest Regards,


Jamie Mothkovich
Executive Director



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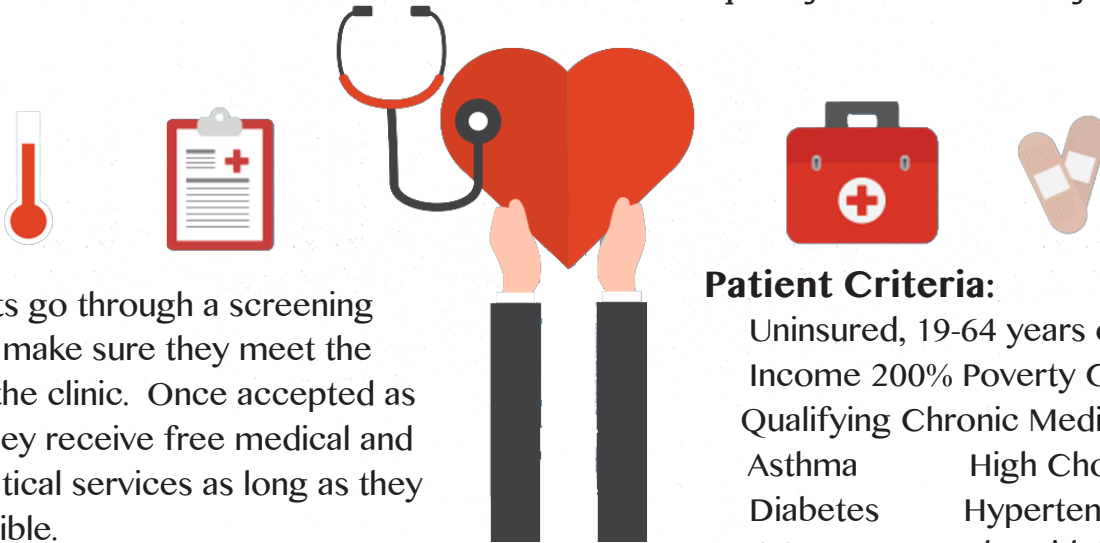
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CMCAiken@gmail.com

 Community Medical Clinic of Aiken County
 Aiken Free Clinic

According to the Commonwealth data fund, 27% of low-income South Carolina residents are uninsured. In Aiken county 16% of residents under the age of 65 are uninsured. Most of these people are not able to control their health conditions due to the cost and therefore are unable to work. That is where the clinic comes in.

The Community Medical Clinic of Aiken County (CMCA) was started in 1998 to provide quality healthcare to the uninsured residents in our county. The clinic is not federally funded but exists because of support from the community and the United Way.

We exist to ensure all Aiken residents have access to the quality healthcare every citizen deserves.



Our patients go through a screening process to make sure they meet the criteria of the clinic. Once accepted as a patient they receive free medical and pharmaceutical services as long as they remain eligible.

Patient Criteria:

Uninsured, 19-64 years old

Income 200% Poverty Guidelines

Qualifying Chronic Medical Condition:

Asthma

High Cholesterol

Diabetes

Hypertension

COPD

Thyroid Condition

Seizures

2017 HIGHLIGHTS

MORE INFORMATION ON EACH AREA WILL BE FOUND ON SUBSEQUENT PAGES.

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2,811 PATIENT APPOINTMENTS

with our part-time nurse practitioner, volunteer doctors, our wound care specialist, urgent care doctor or our new patient screening volunteer.



10,485 PRESCRIPTIONS

were filled by our in-house pharmacy. We stock over 90 different medications to have readily available for our patients. Other medicines we order through pharmaceutical company Patient assistance programs.



 **americares**

186 ORAL HEALTH KITS DISTRIBUTED

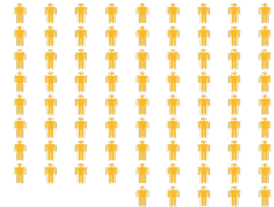


2,200 HOURS PROVIDED BY OUR VOLUNTEERS



\$6,171,054.16 SERVICES PROVIDED

This is a \$2,162,251 increase from 2016.
These services were provided at no cost to the patient.



89

Patients were released from the clinic. These patients were able to return to work and get insurance because of the clinic's care.

\$1 DONATED = \$26.11 OF SERVICE

For every dollar donated the clinic is able to provide \$26.11 of service to our patients. This means that 90% of the money raised goes to patient services.

530 PATIENTS



530 PATIENTS



Each person = 10 patients

2,811 PATIENT
APPOINTMENTS

Most common conditions:



83% of patients
suffer from
hypertension



48% of
patients
suffer from
Diabetes



19% of
patients
suffer from
COPD

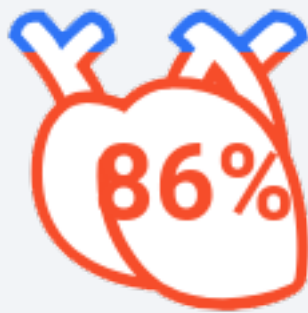


44% of
patients suffer
from 2 or more
of these
conditions




IMPROVED OR
REMAINED STABLE

HYPERTENSION PATIENTS



IMPROVED OR
REMAINED STABLE

PATIENT
COMPLIANCE

 **81%**
attending
appointments,
picking up medicines on
time, bringing in
necessary paperwork,
etc. This number has
increased over 30% in the
past 2 years.

89 patients were able to return to work and get insurance.
The following is one of their stories.



Lenny came to us very discouraged. He was about to lose his job because of his poor health. He had high blood pressure, high cholesterol, and diabetes. It had been months since he had regularly taken his medication because he could not afford it. One of his friends suggested he come to us. He attended his appointments regularly and was very motivated to change his life and keep his job. Lenny wasn't with us for very long, but the six months he spent with us at the clinic changed his life. Recently, while out shopping someone called out to our director. She didn't even recognize him. It was Lenny. He said that Libby and the clinic had changed his life. He was promoted at work and had recently gotten employee of the month. The customers love him. He was able to get insurance benefits. He said he is doing so well he was able to stop taking most of his medicines. He left the clinic with not only improved health conditions but also an improved attitude and with ownership over his health. While it is always bittersweet to lose good patients like Lenny we are so proud of him and of course, wish him all the best. Stories like Lenny's are why we do what we do. To better the lives of those individuals and to help them become great assets to our community.

(Names have been changed to protect the patient.)



DISPENSARY OF
HOPE

The Dispensary of Hope provides us with over 90 stock meds for our patients. This organization gets the excess medicines produced by pharmaceutical companies and provides them at an affordable cost to organizations who serve the uninsured. We are so thankful to this organization. It has made a huge impact on our patients that we are able to stock so many medicines and have them readily available.

\$4,187,630

MEDICINES PROVIDED

25%

OF PRESCRIPTIONS DON'T GET FILLED DUE TO COST.

Unfortunately this is how most of our patients come to need our services. They end up much sicker than they need to be because they can't afford their medicines. Often times they end up in the emergency room. We are thankful to be able to provide medicines for our patients at no cost.



10,485 PRESCRIPTIONS DISPENSED

by our in-house pharmacy. These medicines are purchased at a very reasonable cost through Dispensary of Hope or obtained through the drug manufacturers free patient assistance programs.



186 ORAL HEALTH KITS DISTRIBUTED

In 2017, Americares provided us with oral health kits. The clinic was able to give out books, a toothbrush, toothpaste and floss to our patients at no charge. To obtain these kits patients listened to a short presentation on how oral health can impact your physical health. If you do not take care of your mouth/teeth it could lead to heart disease. The patients found this very informative and appreciated the kits as many of them said they have a hard time affording proper oral hygiene supplies on their own. Thank you Americares for the opportunity to better our patients health!



72 COLON CANCER SCREENINGS



CENTER FOR COLON
CANCER RESEARCH
UNIVERSITY OF SOUTH CAROLINA

The Colorectal Cancer Prevention Network (CCPN) was created by the Center for Colon Cancer Research at USC to encourage early screening. Colon cancer is the second leading cause of cancer deaths. They found the medically underserved suffered a higher incidence and lower survival rate from colorectal cancer. They partnered with free clinics and other organizations, such as the American Cancer Society, that serve these populations. They provide free screenings to qualifying patients. If there is a concern the patients are able to get a free colonoscopy through the program. At CMCA 72 patients were screened and 4 of our patients received a free colonoscopy through this program.

2,200 HOURS PROVIDED BY OUR VOLUNTEERS

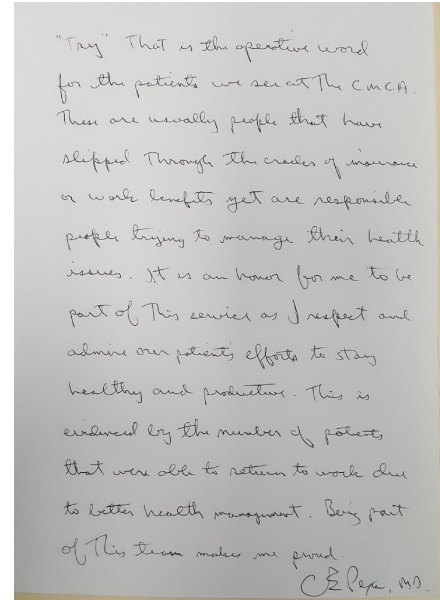
We love our volunteers! When we say we can't do all that we do without our volunteers, we mean it! They make the clinic a better place!



Dr. Pexa's Letter:

"Try" that is the operative word for the patients we see at the CMCA. These are usually people that have skipped through the cracks of insurance or work benefits yet are responsible people trying to manage their health issues. It is an honor for me to be part of this service as I respect and admire our patient's efforts to stay healthy and productive. This is evidenced by the number of patients that were able to return to work due to better health management. Being part of this team makes me proud.

Charles Pexa MD.



Dr. Charles Pexa
Urgent Care Doctor
Weekly Clinic Volunteer for 3 years

According to the 2017 volunteer time value released
by Independent Sector, the clinic received

\$53,108 of services from our volunteers.



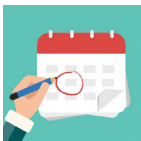
OPPORTUNITIES TO GIVE: MONETARY:

TIME:

All volunteer opportunities are flexible. We work around your schedule. We appreciate your willingness to help. You can spend as little as an hour per month, whatever works for you.

EVENTS

We love to include volunteers on our Fundraising event committee or to serve at the events. Please check our Facebook/website for dates.



The clinic always welcomes monetary donations. They can be cash, check or credit card. Please visit our website or give us a call. We are also able to take stock donations.

For every \$1 donated = \$26 of patient services.

If you wish to donate supplies instead of just money we are always in need of

Diabetic Testing Strips & Diabetic Meters.

Please call Siara Wallace at (803) 226-0630 for other medical supply needs.

Please note the Board of Pharmacy will not allow us to accept donated medications.



ADMIN

No medical experience necessary. Duties vary.



PHARMACIST

Filling and distributing meds. No compounding. Must be a SC Certified Pharmacist.



NURSE

Take vitals and prepare patients for doctor visit. Must have current SC license.



REFERRAL DOCTORS

Some doctors prefer our patients come to them. Many offer a special price & choose the # of patients we can send per month. Of course, this is the doctor's preference.



DOCTORS

Any specialty welcome. Must be licensed in SC. You dictate the number of patients & hours.

Please call (803) 226-0630 or e-mail CMCAiken@gmail.com if you are interested in volunteering or would like to learn more about any of our opportunities.

\$6,171,054.16

SERVICES PROVIDED

This is a \$2,162,251 increase from 2016.

These services were provided at no cost to the patients.

We would like to thank Aiken Regional for making this possible. They provide labs and other tests for our patients at a reduced cost.



Aiken Regional
MEDICAL CENTERS

\$1 DONATED = \$26.11 OF SERVICE

In 2016 each dollar donated provided \$18 in services. Our goal this year was to get to \$25 of service and we were able to exceed our goal. This is a huge accomplishment. This is one of the highest rates of services returned in the state of South Carolina.

THANK YOU!

We could not do what we do at the clinic without the support of the Aiken Regional, the community, our volunteers and especially our volunteer doctors. We are so thankful for everyone who has donated, volunteered or attended one of our events.



We are able to do all that we do because of you!

SPECIAL THANKS TO OUR 2017 VOLUNTEER DOCTORS:

DR. ARTHUR
DR. DILLON
DR. FITCH
DR. FREI
DR. GRANTHAM
DR. HAGAN
DR. HASHMI
DR. MACK
DR. MCMENAMIN

DR. MEYER
DR. PENNINGTON
DR. PEXA
DR. SANITO
ELIZABETH SEAL APRN
DR. STAHURA
DR. VASOVSKI
DR. B. VAUGHTERS

\$208,290 2017 INCOME



If you would like more of our financial information please contact us at CMCAiken@gmail.com or visit cmcaiken.org.

THANK YOU TPI FOR PRINTING OUR REPORT.

