

# Community Medical Clinic of Aiken County

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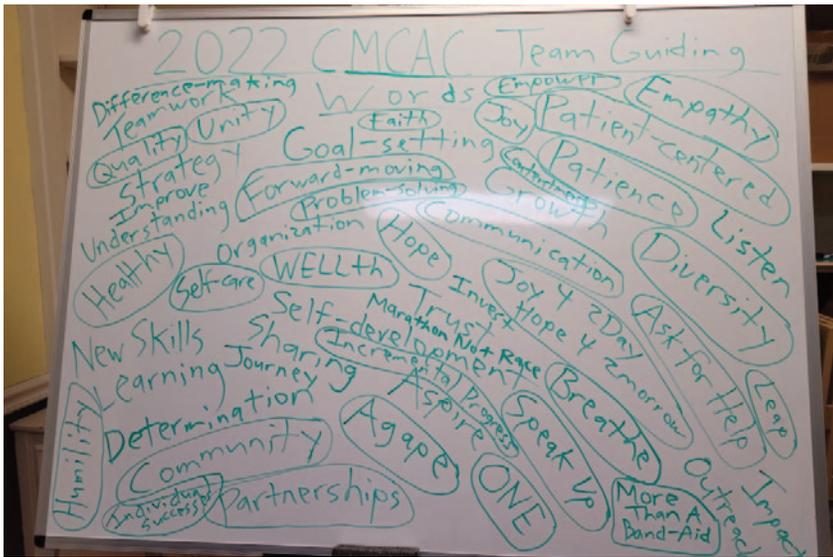
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aikenfreeclinic

**HAPPY NEW YEAR, CLINIC SUPPORTERS!**

## Clinic staff kicks off 2022 with guiding word board



The staff at the clinic created a guiding word board to kick off 2022 and keep them looking forward. It's meant to keep them motivated throughout the year and reflect on it when they seem to be struggling. The circled words are ones they felt were most important for the year ahead.

The theme for this year is "joy for today and hope for tomorrow." With this theme and a positive outlook, the staff anticipates good things are in store for 2022 after a rough two years with the COVID-19 pandemic.

## CMCAC receives \$2,500 from Dabo's All In Team Foundation

In November, the Community Medical Clinic was honored to have been selected as a grant recipient from Dabo's All In Team Foundation. They were awarded \$2,500.

"The foundation was founded in 2009 by Clemson Football's Head Coach, Dabo Swinney, and his wife Kathleen as a way to give back and raise awareness of critical education and health issues in order to change lives of people ac-

ross the state of South Carolina," the foundation's Facebook page states.

The Swinney's surprised those in attendance at the award luncheon. None of the recipients were told they would be there. Dabo spoke to the recipients at the event urging them to continue serving their communities.

"True joy, lasting joy, comes when you serve other people. I challenge

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Executive Director Jamie Mothkovich stands in front of the podium at the event at Clemson.

# Foundation

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you to keep dreaming, keep living your dream, keep your dreams greater than your memories. If you fail to dream, you lose your vision. And the Bible says without vision, man shall perish,” Dabo said.

The Swinney’s have a passion for giving back. They both have mentioned it’s something they feel called to do. At the end of 2020, the foundation had given \$6.6 million to their core focus areas and grant program. The focus areas are Breast Cancer Research, Education, and Prevention, The Family Effect, Call Me MiSTER, and ClemsonLIFE.

In an interview in early 2020, Kathleen reflected on giving back and why they do it.

“The Bible says to whom much is given, much is expected. And we have just been blessed even just with health and with so many things in our life and we just want to help other people. I mean I feel like if everyone can do something for somebody. There’s no act of kindness that’s too small,” Kathleen said. “We just want to do our part to make this world a better place. We just hope what we can do will spread and make an impact and then other people will do things, and there’s so many people throughout the state that could use help. ... We just want to do what we can while we can and just try to make a little bit of a difference.”



Dabo’s All In Team Foundation’s 2021 grant recipients pose for a photo on the Clemson University football field. Pictured, front middle, are Dabo and Kathleen Swinney. DABO’S ALL IN TEAM FOUNDATION FACEBOOK



Executive Director Jamie Mothkovich poses for pictures with Dabo and Kathleen Swinney at the event.

